CHEBOYGAN• OTSEGO •PRESQUE ISLE EDUCATIONAL SERVICE DISTRICT

6065 Learning Lane (231) 238-9394



Indian River, MI 49749 (231) 238-8551 (fax)

January 18, 2022

Dear COPESD Staff Members,

An individual at the COPESD Main office has tested positive for COVID-19 and you may have been exposed. Any identified close contacts, have been or will be contacted by either an ESD staff member or the health department. COVID-19 is a respiratory illness caused by a virus. It is easily spread from person to person when an infected person coughs, sneezes, or talks. Symptoms of COVID-19 may present as a fever, cough, sore throat, runny nose, or loss of taste or smell. Symptoms may be mild but sometimes result in difficulty breathing, severe fatigue, or confusion.

At this time, healthy, asymptomatic individuals will not be required to be excluded/quarantined due to school exposure under the following conditions:

1. The staff member does not have any COVID-19 symptoms

2. The staff member is not currently in isolation after testing positive for COVID.

3. The staff member is not currently excluded/quarantined for an exposure to COVID outside of the school setting.

4. The staff member exposure to COVID was not related to an identified outbreak.

You may have been exposed; therefore, please:

- Continue to monitor your yourself for COVID-19 symptoms, including minor cold symptoms, for 10 days following this notice.
 - If you develop any symptoms, please inform the school, seek testing for COVID-19 infection, and stay at home while ill.
- It is recommended that all staff exposed to COVID-19 wear a mask in school following their exposure for the full 10 days.
- Consider getting tested 5-7 days after the exposure as you could be infected without any symptoms. This is considered surveillance testing, which helps monitor the spread of COVID-19 and does not require that a student stay home with the test results pending, unless they are showing symptoms of COVID-19.

Rapid testing may also be available at your school, including any applicable school based health clinics. Other community testing options are available throughout the health department jurisdiction. To view locations and testing information, <u>click here.</u>

Vaccination continues to be one of our best protection methods to reduce an individual's risk of contracting COVID-19 as well as the best method of reducing the impact of COVID-19 in our community. All three vaccines are safe and effective against COVID-19 and the variants. It is recommended for everyone 5 years of age or older to be vaccinated. It is also recommended to get a booster dose 6 months after your primary series for Pfizer and Moderna, and 2 months after your primary series for J&J. If you are interested in scheduling an appointment to immunize, please call the health department at 1-800-432-4121 to schedule an appointment, visit their website at https://www.dhd4.org/covid19, call your primary care provider, or check with your local pharmacy.

For any COVID-19 related questions, please call the health departments Public Health Information Line at 1-800-386-5959.

Take care,

Mr. Jamie R. Huber, Superintendent

For more COVID-19 information/resources:

<u>Self-monitoring, quarantine, and isolation for COVID-19</u> <u>CDC - COVID-19 Families & Children</u> <u>MDHHS - Coronavirus Website</u> <u>Health Department of Northwest Michigan COVID-19 Homepage</u> <u>Know Your Treatment Options for COVID-19 | FDA</u>