

# Rx

mandatory  
mail order

## Keys to success



Mandatory home delivery of your long-term maintenance prescriptions saves you time and money. It also requires active management of prescriptions with your doctor and OptumRx.

Don't wait until your prescriptions expire — start transferring your long-term medications now. Follow these steps to move your long-term (90-day) medications to mandatory home delivery.

- **Log in to your MyMESSA account and select Rx home delivery. Select the OptumRx option to access your OptumRx member portal.**
- **Review your prescriptions subject to mandatory mail order and transfer them to home delivery.**
- **For new 90-day prescriptions or renewals of existing long-term medications, work with your health care provider. Your provider will be able to submit prescriptions electronically to OptumRx for you.**
- **Review the mandatory mail overview and FAQs at [messa.org/RxPlans](https://messa.org/RxPlans).**
- **To manage prescriptions for your spouse or adult dependents, they will need to create their own OptumRx member accounts at [OptumRx.com](https://OptumRx.com). Once they have created their accounts, they can update their account information to allow you to manage and order prescriptions on their behalf.**
- **Call MESSA's Member Service Center at 800-336-0013 and our team will be glad to help you enroll.**

You can find additional resources on mandatory mail at [messa.org/RxPlans](https://messa.org/RxPlans), including our mandatory mail overview, a list of long-term maintenance medications requiring home delivery, and instructions for dependents to set up their own OptumRx accounts as needed.

We understand the health care world is complicated. MESSA is here to help you navigate this complex terrain so you can save the most money and get the most value from your MESSA plan.

**Need more help? Call MESSA's Member Service Center at 800-336-0013. Our member service team members are trained experts and ready to help.**